

Safer
Neighbourhoods



City of York
Health and Wellbeing Board
Together: for Mental Wellbeing
Pathways Project
22nd October 2014

Be safe, feel safe – protected by the most responsive service in England

NOT PROTECTIVELY MARKED

Together: York Pathways Pilot

Tim Madgwick
Deputy Chief Constable



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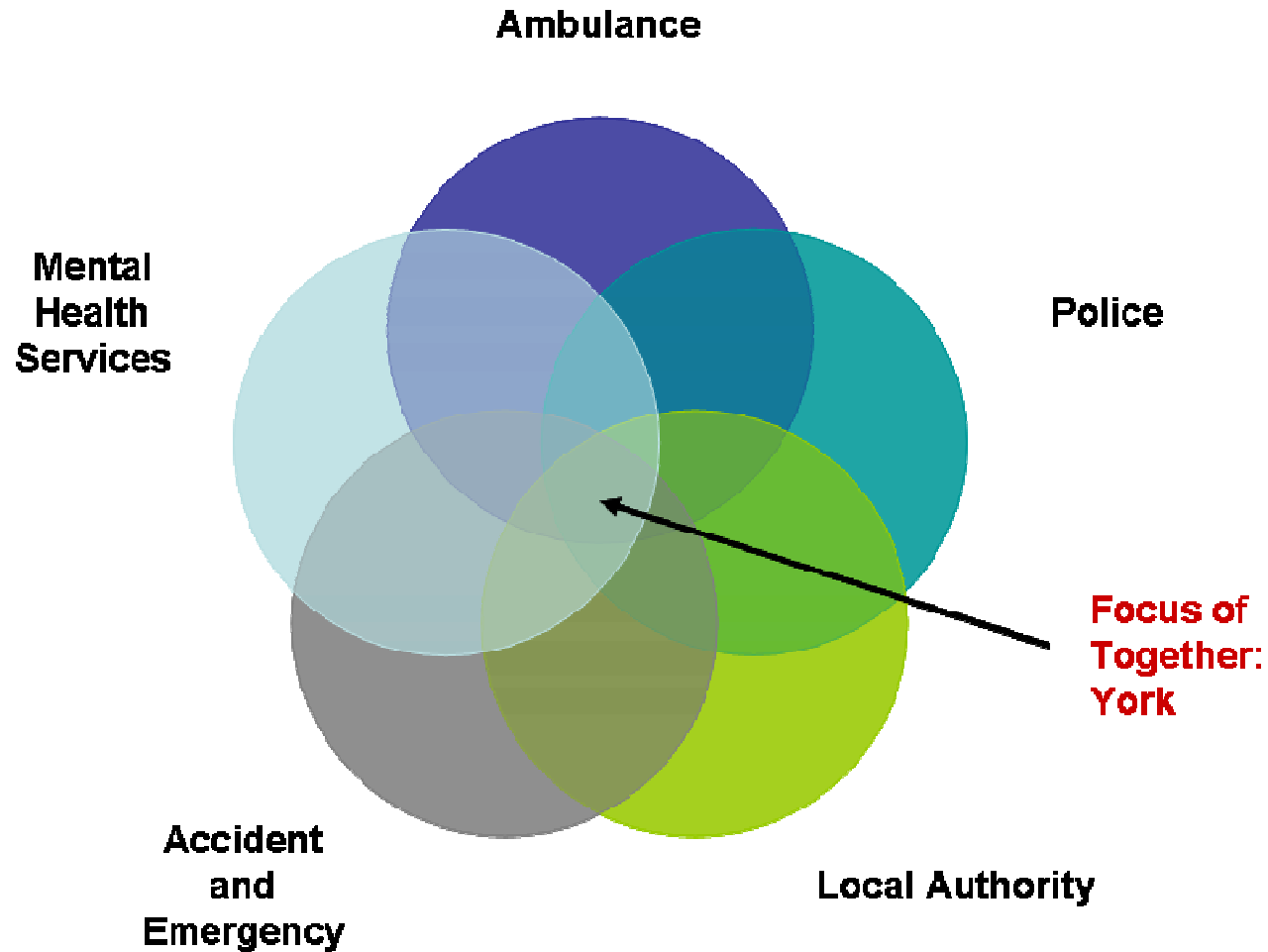
Outline

- Identify shared cohort of people with mental distress and alcohol / substance misuse
- Work with up to 30 individuals at a time
- Personalised, bespoke service that targets individuals' own priority issues
- Tailored to match complexity of individuals' motivations



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A True Collaboration



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Approach

- Clinically-led team
- Supported by small team of Pathways Workers.
- Psychologically-informed approaches to engage “hard-to-reach” populations experiencing distress
- Engage to tackle “3 Hardest Things” in their lives



Key Objectives

- Work with partners and high-volume service-users with multiple issues
- Forge close partnerships between the Police, Local Authority, the mental health trust, the voluntary sector, and service-users themselves
- Develop intensive support model meeting needs of individuals experiencing distress and coming into contact with Police and emergency services
- Improve outcomes for people with complex needs resulting from mental illness, alcohol and / or substance misuse
- Facilitate significant enhancements to partnership integration
- Reduce inappropriate demand on services
- Ensure that needs are met at the earliest possible opportunity
- Increase the wellbeing and resilience of participants in the project



Deliverables

- Significant additional capability / capacity to improve response to high-volume service-users with multiple issues
- Prevention of suicides and near-misses
- Reduction in recourse to emergency service use
- Reductions in inappropriate use of acute hospital beds
- Fewer self-harm incidents
- Identifying and meeting needs appropriately and in a timely way
- People know where to turn and have a coping strategy if things go wrong
- Individuals engaged in community activity (faith, sport, counselling, employment, training and education, work, drug and alcohol interventions)
- Increased confidence in managing emotions, relationships, assertiveness and negotiation, or problem-solving
- Informs commissioning support for victims
- Significantly enhanced liaison and collaboration between agencies
- Advice, training and case consultation around mental health and distress.



Governance

- Service to be commissioned by Vale of York CCG
- Supported by partners (financial / resources)
- Key agencies and decision makers (e.g. mental health trust, police, local authority) will oversee project governance
- Ensure the project remains strategically relevant and pathways between agencies and resources remain open
- Findings from project can be used to inform JSNA, Better Care agenda and national policing strategy
- Wide national interest in model that meets needs of intensive users of emergency services with co-existing, low-level needs.



Funding

- 12 month pilot, based on:
 - 6 months at 5 day a week service
 - Increasing to 7 day a week service for 6 months
- Projected pilot costs of £137K
- Commitment from VoY CCG:
 - £50K (2014/15)
 - £50K (2015/16)
- Existing bid to national charitable foundation
- Forthcoming Home Office Police Innovation Fund bid

